

# Soil Health Principles



# Objectives

- 1. List and explain the soil health principles
- 2. Identify and explain how conservation practices address soil health principles
- 3. Identify *core* soil health practices in your region





#### What are General Characteristics of Cultivated Soils?

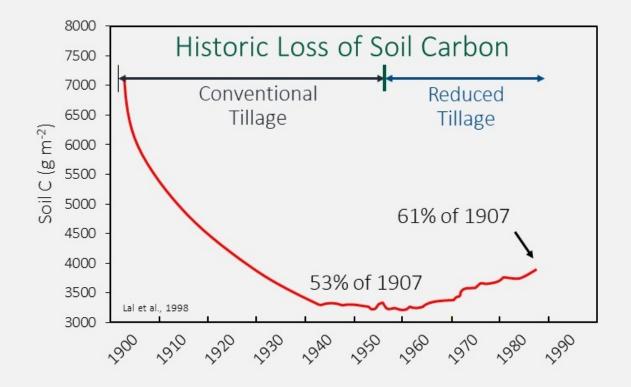
- $\downarrow$  H<sub>2</sub>O Infiltration  $\uparrow$  Summer Temps & Storage
- $\downarrow$  Biological Activity
- $\downarrow$  Biological Diversity
- $\downarrow$  Efficient **Nutrient Cycling**

The productivity of conventional agricultural systems are maintained with increased technology, labor, fuel, nutrients, pesticides, water...

- $\downarrow$  Contribution to
  - Vigor
- $\uparrow$  Erosion Potential
- $\downarrow$  Aggregation



# The Challenge





# The 4 Principles that Conserve the Soil Ecosystem



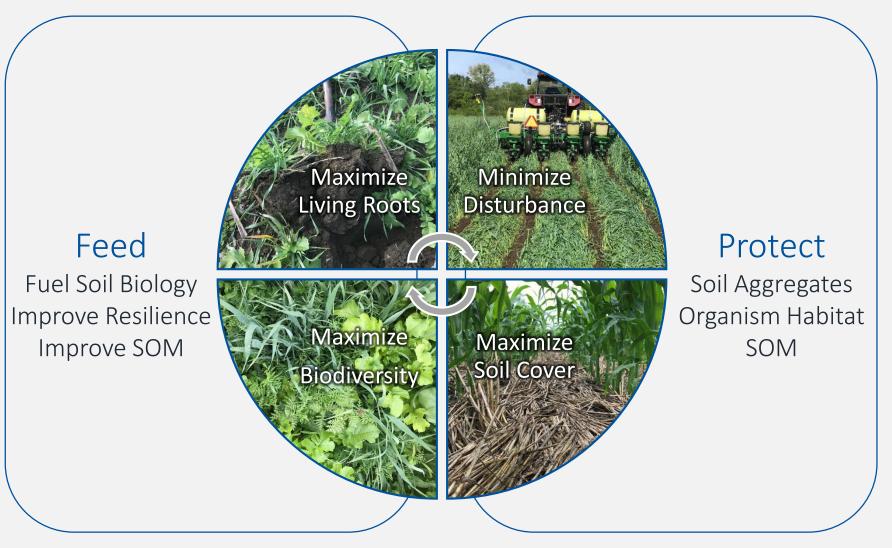
- 1. Minimize Disturbance
- 2. Maximize Living Cover
- 3. Maximize Biodiversity
- 4. Maximize Continuous Living Roots



# List the most common practices that are used in your area.

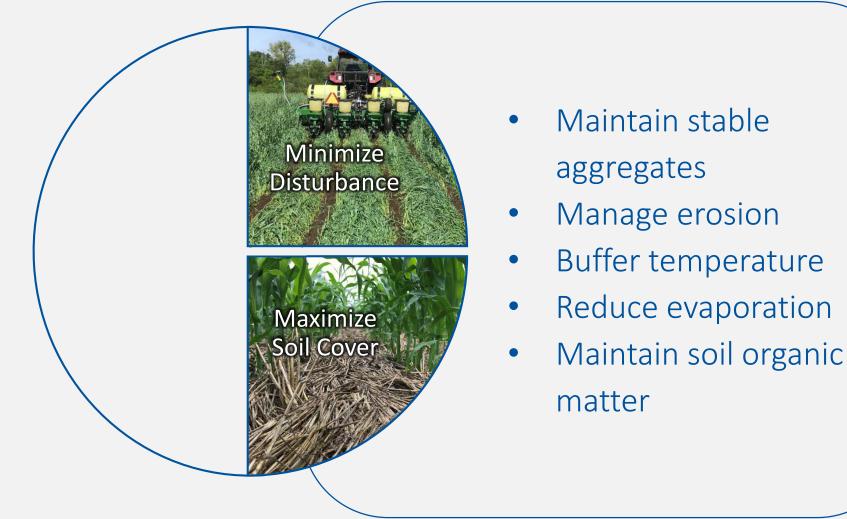


# Soil Health Principles to Support High Functioning Soils





## How Soil Health Principles Support Soil function – PROTECT





# Minimize Disturbance

#### Excessive (chronic) Disturbance can:

- $\downarrow$  Habitat for soil organisms
- Destroy soil structure

What Types of Disturbance are Common in Agriculture?

- Physical (tillage)
- Chemical (fertilizer, pesticides, soil amendments)
- Biological (grazing, non grazing, fallow systems, monoculture community)

Dr. Don Reicosky



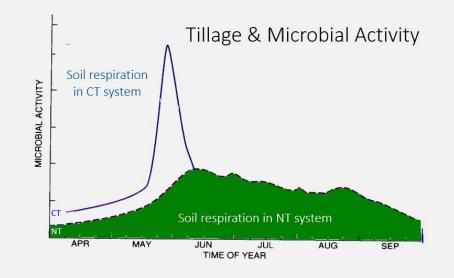


#### What Practices Minimize Disturbance?



Photo: Echo – Y Farms

- Residue & Tillage Mgmt. (329/345)
- Conservation Cover (327)
- Nutrient Mgmt. (590)
- IPM (595)
- Prescribed Grazing (528)





- \downarrow Erosion
- ↑ Infiltration
- $\downarrow$  Evaporation
- Moderate Soil Temp

- Habitat for Soil Organisms 个
- Food for Biota  $\uparrow$
- Mitigate Compaction from Machines & Livestock



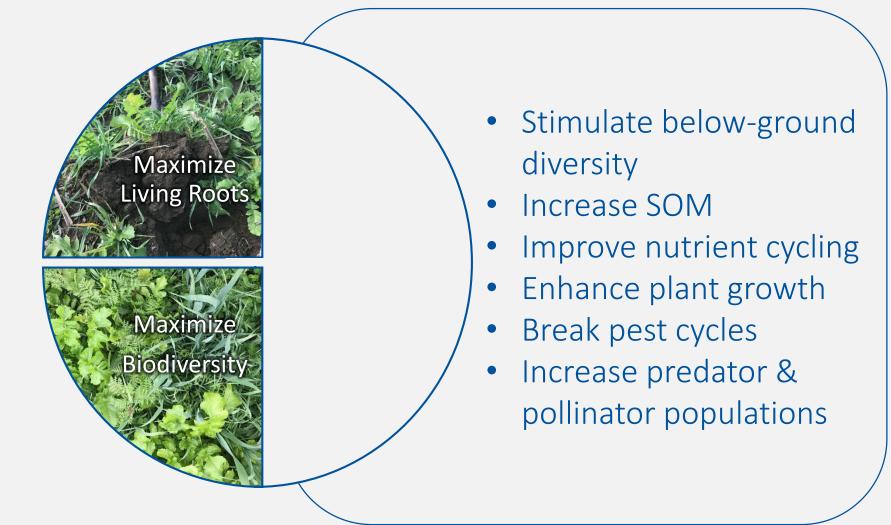


#### What Practices Maximize Soil Cover?

- Cover Crop (340)
- Residue & Tillage Mgmt. (329/345)
- Conservation Cover (327)
- Mulching (484)
- Controlled Traffic (334)
- Forage & Biomass Planting (512)
- Prescribed Grazing (528)



## How Soil Health Principles Support Soil Function – FEED





#### How Do We Maximize Living Roots?

- Grow crops in the off-season
- Avoid fallow &  $\downarrow$  re-cropping interval
- ↑ time in perennial crops
- Manage rotations & forage height

#### What Practices?

- Conservation Crop Rotation (328)
- Conservation Cover (327)
- Cover Crop (340)
- Forage & Biomass Planting (512)
- Prescribed Grazing (528)



#### How Do We Maximize Biodiversity?

- Grow diverse cover crops & legumes
- ↑ diversity of crop rotations
- Integrate livestock & graze cover crops
- ↑ time in diverse perennial crops

What Practices?

- Conservation Crop Rotation (328)
- Conservation Cover (327)
- Cover Crop (340)
- Forage & Biomass Planting (512)
- IPM (595)
- Prescribed Grazing (528)



# **Core Practice Review**

Cons. Crop Rotation (328) Principles Addressed

Disturbance
Cover
Diversity
Roots



Flax / Chickpeas added to wheat rotation

Conservation Cover (327)

Principles Addressed

Disturbance
Cover
Diversity
Roots



Cover Crop (340)

Principles Addressed

Disturbance
Cover
Diversity
Roots





## **Core Practice Review**

Residue/Tillage Management (329, 345)

Principles Addressed

✓ Disturbance
✓ Cover
✓ Diversity
□ Roots



Mulching (484)

Principles Addressed

Disturbance
Cover
Diversity
Roots



Nutrient Management (590) Principles

Addressed

✓ Disturbance
□ Cover
□ Diversity
□ Roots





# **Core Practice Review**

Prescribed Grazing (528)

> Principles Addressed

✓ Disturbance
✓ Cover
✓ Diversity
✓ Roots



Pasture and Hayland Planting (512)

> Principles Addressed

✓ Disturbance
 ✓ Cover
 ✓ Diversity
 ✓ Roots



Integrated Pest Management (595)

> Principles Addressed

✓ Disturbance
□ Cover
✓ Diversity
□ Roots



Strips of flowering cover crops in potato field



# Discuss Practices in Your Area That Address the 4 Principles



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